

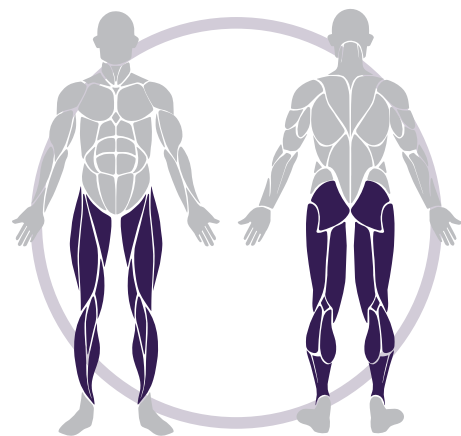


DATA SHEET

ABDUCTOR & ADDUCTOR

Strengthens the major muscles in the upper legs to improve balance and mobility.

The adductor and abductor machine strengthens the outer thighs and inner leg muscles, helping to develop and improve the strength in a user's legs.



Targeted areas:

Inner & Outer Thighs, Glutes, Lower Back
& Lower Abdominals

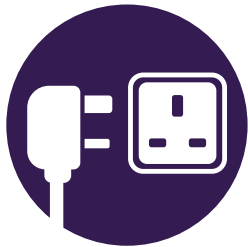


DESIGNED AND
MANUFACTURED
IN THE UK

Technical Specifications



7" smart console offering both quick start and programme options



Power assisted (plug and play installation)



Dimensions:

W110cm x D104cm x H132cm



Weight:

103.4kg



Electrical Specification:

Voltage: 220V/240V (110V-USA)

Amps: 3 Amps per machine

Plug Cable Length: 1.5 metre



Panels:

Side Panels: High impact resistant ABS plastic



Upholstery:

Flame retardant vinyl and resistant to bacteria and moisture EN 1021-&2

innerva
together in motion

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